

Ultrasound Instructions

What is an Ultrasound?

An ultrasound is the use of sound wave transmission to visualize small and large organs. It can also be used to show blood flow and blockages in veins as well as arteries.

What is the Ultrasound procedure?

An ultrasonic gel will be applied to the area of interest and a probe will be moved over the area to provide images.

How long does the procedure take?

Depending on the type of examination, it can take anywhere from 15 minutes to 1 hour.

When will I have the results?

Upon completion of your exam, our radiologist will evaluate all your images and generate a report to your physician. Your physician will then be able to discuss the results with you in detail.

What should I do to prepare?

Abdomen, Gallbladder, Liver or Pancreas Ultrasound

- Do not eat or drink or chew gum for 8 hours prior to your scheduled appointment. You may continue to take routine medications with small sips of **water only**.

Aorta Ultrasound

- Do not eat or drink anything for 6 hours prior to your scheduled appointment.

Pelvic Ultrasound

- Your bladder must be full for this exam.
- Start drinking water 2 hours before your exam.
- Finish drinking four 8-ounce glasses of water one hour prior to the exam.
- It is important not to empty your bladder or void until after the exam.

Renal Doppler

- Do not eat or drink anything for after midnight the night before your scheduled appointment.

Renal (Kidney) Ultrasound

- Your bladder must be full for this exam.
- Start drinking water 2 hours before your exam.
- Finish drinking four 8-ounce glasses of water one hour prior to the exam.
- It is important not to empty your bladder or void until after the exam.
- Do not eat for 4 hours prior to your scheduled appointment.

Testicular Ultrasound

- No preparation required.

Please Note: *It is very important that you follow these instructions. Not having a full bladder may result in a delay on the day of your appointment or your appointment may have to be rescheduled.*

Note: If the patient is a minor and will be brought to their ultrasound appt. by someone other than their parent or legal guardian, we will need a signed consent authorizing the adult to escort the child to their appt.

Urology Associates Testing Locations

Urology Associates of North Texas
1325 Pennsylvania Ave., Suite 500
Ft. Worth, TX 76104

Urology Associates of North Texas
7200 State Hwy. 161, Suite 200
Irving, TX 75039

USMD Cancer Center
801 W. I-20, Suite 1
Arlington, TX 76017

Urology Associates of North Texas
1300 W. Terrell, Suite 400
Ft. Worth, TX 76104

Telephone (817) 543-4903

Medical Clinic of North Texas Testing Locations

Medical Clinic of North Texas
6750 N. MacArthur Blvd, Suite 350
Irving, TX 75039

Medical Clinic of North Texas
1615 Hospital Parkway, Suite 103
Bedford, TX 76022

Medical Clinic of North Texas
800 5th Ave., Suite 300
Ft. Worth, TX 76104

Medical Clinic of North Texas
7515 Greenville Ave., Suite 600
Dallas, TX 75231

Medical Clinic of North Texas
4001 W. 15th St., Suite 245
Plano, TX 75093

Medical Clinic of North Texas
3323 Colorado Blvd., Suite 101
Denton, TX 76210

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